

CARDIO TENNIS

\$18.00/class

Cardio Tennis is a great way for players to enjoy the game.
In about an hour, you can get an AMAZING workout, socialize, and enjoy tennis - all at once.



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| Monday | 8:00 - 9:00am |
| Tuesday | 8:00 - 9:00am |
| Wednesday | 9:30 - 10:30am |
| Thursday | 8:00 - 9:00am |
| Friday | 10:30 - 11:30am |

ALL LEVELS WELCOME!

