

CARDIO TENNIS

\$18.00/class

Cardio Tennis is a great way for players to enjoy the game.
In about an hour, you can get an AMAZING workout, socialize, and enjoy tennis - all at once.

Monday	8:00 -9:00am	with Josh
Tuesday	8:00 - 9:00am	with Jayson
Thursday	6:00 - 7:00pm	with Josh
Friday	10:30 - 11:30am	with Aidan



ALL LEVELS WELCOME!

