



Barre

December

Demo Schedule

Monday, Dec. 3
10:15am
with Nichelle
(60 minutes)

Tuesday, Dec. 4
9:00am
with Jackie
(60 minutes)

Thursday, Dec. 6
6:00am
with Lisa P.
(45 minutes)

Thursday, Dec. 6
5:30pm
with Becky W.
(60 minutes)

Friday, Dec. 7
5:10am
with Lisa P.
(45 minutes)

Friday, Dec. 7
12:00pm
with Becky W.
(45 minutes)

Saturday, Dec. 8
8:00am
with Nichelle
(45 minutes)

Monday, Dec. 10
10:15am
with Nichelle
(60 minutes)

Wednesday, Dec. 12
10:30am
with Nichelle
(60 minutes)

Thursday, Dec. 13
6:00am
with Lisa P.
(45 minutes)

Thursday, Dec. 13
5:30pm
with Becky W.
(60 minutes)

Friday, Dec. 14
5:10am
with Lisa P.
(45 minutes)

Friday, Dec. 14
12:00pm
with Becky W.
(45 minutes)

Friday, Dec. 14
5:30pm
with Jackie
(60 minutes)

Monday, Dec. 17
10:15am
with Nichelle
(60 minutes)

Tuesday, Dec. 18
9:00am
with Jackie S.
(60 minutes)

Thursday, Dec. 20
6:00am
with Lisa P.
(45 minutes)

Thursday, Dec. 20
5:30pm
with Becky W.
(60 minutes)

Friday, Dec. 21
5:10am
with Lisa P.
(45 minutes)

Friday, Dec. 21
12:00pm
with Becky W.
(45 minutes)

Saturday, Dec. 22
8:00am
with Jackie
(45 minutes)

Monday, Dec. 24
9:00am
with Nichelle
(45 minutes)

Wednesday, Dec. 26
10:30am
with Nichelle
(60 minutes)

Thursday, Dec. 27
6:00am
with Lisa P.
(45 minutes)

Thursday, Dec. 27
5:30pm
with Becky W.
(60 minutes)

Friday, Dec. 28
5:10am
with Lisa P.
(45 minutes)

Friday, Dec. 28
12:00pm
with Becky W.
(45 minutes)

Friday, Dec. 28
5:30pm
with Nichelle
(60 minutes)

Monday, Dec. 31
9:00am
with Lisa P.
45 minutes)